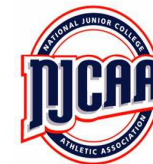




WOMENS BASKETBALL

Release Number 10
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Minnesota College Athletic Conference
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NORTHERN DIVISION

Team Name	Conf Wins	Conf Losses	Total Wins	Total Losses	Win %	FG Att	FG Made	FG %	3PT Att	3Pt Made	3PT %	FT Att	FT Made	FT %	Off./ Game	Def./ Game
Northland	5	1	14	6	.700	1263	493	39.0	208	55	26.4	403	245	60.8	65.0	52.9
Mesabi Range	4	1	15	4	.789	1200	467	38.9	366	70	19.1	303	169	55.8	61.7	43.6
Hibbing	4	1	8	12	.400	1254	476	38.0	316	96	30.4	285	146	51.2	59.7	62.9
Rainy River	3	2	7	11	.389	1187	374	31.5	315	63	20.0	318	193	60.7	55.8	68.2
Itasca	1	4	7	12	.368	1046	385	36.8	166	32	19.3	422	277	65.6	56.1	56.1
Vermilion	1	4	3	14	.176	881	251	28.5	210	44	21.0	220	117	53.2	39.0	70.5
Fond du Lac	0	5	0	13	.000	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA

SOUTHERN DIVISION

Team Name	Conf Wins	Conf Losses	Total Wins	Total Losses	Win %	FG Att	FG Made	FG %	3PT Att	3Pt Made	3PT %	FT Att	FT Made	FT %	Off./ Game	Def./ Game
Anoka-Ramsey	6	0	17	2	.895	1235	481	38.9	415	132	31.8	380	235	61.8	69.9	49.5
Rochester	4	1	15	4	.789	1318	545	41.4	382	109	28.5	351	239	68.1	75.7	52.0
Minnesota West	2	3	13	7	.650	1217	503	41.3	361	103	28.5	405	267	65.9	68.8	59.2
Riverland	2	3	11	9	.550	1379	456	33.3	203	59	29.1	362	229	63.3	62.8	59.9
Central Lakes	2	3	8	10	.444	1036	373	36.0	194	48	24.7	312	183	58.7	54.3	54.9
M State-FF	1	4	10	10	.500	1289	475	36.9	338	70	20.7	391	223	57.0	62.2	57.9
Ridgewater	1	4	4	13	.235	1006	328	32.6	250	66	26.4	310	191	61.6	54.2	65.2

The MCAC is a member of the NJCAA Division III. Basketball is comprised of 14 teams which are divided geographically into a Northern & Southern Division.

Anoka-Ramsey—Central Lakes—Fond du Lac—Hibbing—Itasca—Mesabi Range—Northland—Minnesota West—M State-Fergus Falls—Rainy River—Ridgewater—Riverland —Rochester—Vermilion

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**Northern Division
Player of Week**



5'7" Lenae Rash
Sophomore Guard
Rainy River
Milwaukee, WI

Lenae had another big week for Rainy River averaging 31 ppg, 9.5 rpg., 8 spg, and 8.5 apg in wins against Vermilion and Hibbing. Rash leads the Northern Division in scoring with a 32 ppg average and adds 10.2 rpg. She is a sophomore from Milwaukee, WI.

**Southern Division
Player of Week**



5'9" Lane Gehl
Sophomore Guard
Rochester
Dundee, MN

Lane averaged 15.5ppg including 20 points in a win vs. MN West. In that contest, Gehl made 4-3 pointers. The sophomore from Dundee, MN was also a perfect 6-6 from the FT line for the week.

SCORES FROM LAST WEEK

Date	Win Score	Winning Team	Lose Score	Losing Team
1/28	76	Anoka Ramsey	47	Ridgewater
1/28	75	Rochester	60	Minnesota West
1/28	87	Mesabi Range	39	Vermilion
1/28	79	Northland	19	Fond du Lac
1/28	76	Rainy River	73	Hibbing
1/28	65	Central Lakes	52	M State-FF
1/27	71	Northland	43	Itasca
1/25	73	Anoka-Ramsey	66	Rochester
1/25	70	Minnesota West	35	Central Lakes
1/25	63	Riverland	56	M State-FF
1/25	113	Hibbing	45	Fond du Lac
1/25	69	Rainy River	57	Vermilion
1/23	84	Itasca	30	Fond du Lac

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**Previous
Northern Division
Players of Week**

Week 1	Eva Lampert Northland
Week 2	Randa Glazier Itasca
Week 3	Jenna Zmyslony Hibbing
Week 4	Synamon Martin Mesabi Range Hailey Peterson Northland
Week 5	Whitney Rogstad Northland
Week 6	Lenae Rash Rainy River
Week 7	Lenae Rash Rainy River
Week 8	Lenae Rash Rainy River
Week 9	Andi Ivanovic' Mesabi Range
Week 10	Lenae Rash Rainy River

**Previous
Southern Division
Players of Week**

Week 1	Rebecca Aase Riverland
Week 2	Tamarra Shorter Anoka-Ramsey Rhoda Christensen M State FF
Week 3	Bridget Bergstrom Riverland
Week 4	Tamarra Shorter Anoka-Ramsey
Week 5	Alyson Drooger MN West
Week 6	Rhoda Christenson M State- FF
Week 7	Aly Meyer Rochester
Week 8	Aly Meyer Rochester
Week 9	Rebekah Aase Riverland
Week 10	Lane Gehl Rochester



**NJCAA DIII
National Poll**

- 1 Anoka-Ramsey**
 - 1 Onondaga
 - 2 Rock Valley
 - 3 Roxbury
 - 4 Montgomery
 - 5 Mesabi Range**
 - 6 Northampton
 - 7 Nassau
 - 9 Ocean County
 - 10 Rochester**
- RV Northland**

Northern Division Individual Statistics

Points Scored-Min. 12 ppg

Player Name	G	3FG	2FG	FT	Points	Pts/Game
Lenae Rash(RR)	10	10	123	44	320	32.0
Randa Glazier(IT)	19	0	103	87	293	15.4
Jenna Zmyslony(HI)	20	28	78	19	259	13.0
Tinesha Taylor(VE)	17	20	53	54	220	12.9
Andy Ivanovic'(MR)	19	11	87	31	238	12.5



3-PT Shoot.-Min. 2 att. / game

Player Name	G	3-FGA	3-FGM	3 FG %
Kasey Palmer(HI)	8	41	16	.390
Brittany Paige(HI)	20	115	38	.330
Lenae Rash(RR)	10	32	10	.313
Jenna Zmyslony(HI)	20	93	28	.301
Haley Larson(VE)	9	29	8	.276
Hailey Peterson(NL)	20	96	25	.260
Andy Ivanovic'(MR)	19	46	11	.239
Tarra Lind(FDL)	9	19	4	.211
Eva Lampert(NL)	18	45	9	.200

FG %-Min. 4 att. / game

Player Name	G	FGA	FGM	FG %
Megan Garding(MR)	19	83	42	.506
Randa Glazier(IT)	19	215	104	.484
Essa Jacobsen(MR)	19	154	73	.474
Andy Ivanovic'(MR)	19	207	98	.473
Kiersten Apel(HI)	20	130	61	.469
Beth Tvedt(NL)	20	155	71	.458
Haley McNeil(IT)	19	197	90	.457
Whitney Rogstad(NL)	19	127	58	.457
Eiley Berg(NL)	18	73	33	.452
Lenae Rash(RR)	10	278	123	.442
Tia Klein(NL)	18	120	53	.442

Northern Division Individual Statistics

FT shoot.-Min. 2 att. / game

Player Name	G	FTA	FTM	FT %
Whitney Rogstad(NL)	19	51	39	.765
Synamon Martin(MR)	19	46	34	.739
Heaven Grinsell(RR)	18	42	30	.714
Haley Larson(VE)	9	42	29	.690
Jessica Dvergsten(IT)	19	75	50	.667
Haley McNeil(IT)	19	88	56	.636
Eiley Berg(NL)	18	57	36	.632
Beth Tvedt(NL)	20	51	32	.627
Tia Klein(NL)	18	52	32	.615
Brittany Paige(HI)	20	67	40	.597

Rebounds-Min. 7 / game

Player Name	G	Rebounds	Reb/Game
Randa Glazier(IT)	19	250	13.2
Lenae Rash(RR)	10	102	10.2
Andy Ivanovic'(MR)	19	175	9.2
Whitney Finco(HI)	19	167	8.8
Carissa Mathison(VE)	17	145	8.5
Essa Jacobsen(MR)	19	152	8.0
Haylee Gates(RR)	17	132	7.8
Tinesha Taylor(VE)	17	127	7.5
Kiersten Apel(HI)	20	149	7.5

Steals-Min. 2 / game

Player Name	G	Steals	Stls/Game
Lenae Rash(RR)	10	59	5.9
Andy Ivanovic'(MR)	19	56	2.9
Joscelyne Alvarez(RR)	18	51	2.8
Whitney Finco(HI)	19	49	2.6
Natalie Stine(HI)	20	49	2.5
Ashley Block(MR)	19	44	2.3
Eva Lampert(NL)	20	42	2.1
Randa Glazier(IT)	19	39	2.1
Jessica Fontes(NL)	18	36	2.0

Assists-Min. 3 / game

Player Name	G	Assists	Asst/Game
Lenae Rash(RR)	10	55	5.5
Eva Lampert(NL)	20	83	4.2
Brittany Paige(HI)	20	78	3.9
Kourtney Kruger(HI)	17	54	3.2
Synamon Martin(MR)	19	57	3.0

Southern Division Individual Statistics

Points Scored-Min. 12 ppg

Player Name	G	3FG	2FG	FT	Points	Pts/Game
Alyson Drooger(MW)	20	41	89	46	347	17.4
Shantel Kelly(RW)	15	13	68	71	246	16.4
Rhoda Christenson(FF)	20	0	135	43	313	15.7
Aly Meyer(RO)	19	0	117	55	289	15.2
Tamarra Shorter(AR)	19	17	84	54	273	14.4
Rebekah Aase(RL)	19	0	114	41	269	14.2
Maria Loughlin(AR)	18	38	50	34	248	13.8



3-Point Shoot-Min. 2 att./g

Player Name	G	3-FGA	3-FGM	3 FG %
Tamarra Shorter(AR)	19	40	17	.425
Cassie Masberg(RL)	20	45	19	.422
Maria Loughlin(AR)	18	93	38	.409
Alyson Drooger(MW)	20	104	41	.394
Megan Fleming(RO)	19	71	25	.352
Shantel Kelly(RW)	15	41	13	.317
Jacey Anderson(RO)	19	38	12	.316
Capreice Ogris(AR)	19	70	22	.314
Morgan Kapphahn(FF)	14	42	13	.310
Lane Gehl(RO)	19	95	29	.305

FG %-Min. 4 att. / game

Player Name	G	FGA	FGM	FG %
Katey Granstra(MW)	20	176	100	.568
Alycia Courson(RO)	19	105	56	.533
Rhoda Christenson(FF)	20	260	135	.519
Tamarra Shorter(AR)	19	201	101	.502
Bridget Bergstrom(RL)	20	91	45	.495
Cassie Masberg(RL)	20	172	82	.477
Alyson Drooger(MW)	20	274	129	.471
Rebekah Aase(RL)	19	245	114	.465
Aly Meyer(RO)	19	263	117	.445
Aly Bremer(RO)	19	79	35	.443

Southern Division Individual Statistics

FT Shoot.-Min. 2 att./ game

Player Name	G	FTA	FTM	FT %
Alyson Drooger(MW)	20	53	45	.849
Capreice Ogris(AR)	19	54	43	.796
Rebekah Aase(RL)	19	53	41	.774
Maria Loughlin(AR)	18	47	34	.723
Lane Gehl(RO)	19	50	36	.720
Aly Meyer(RO)	19	77	55	.714
Shantel Kelly(RW)	15	101	71	.703
Brittany Hulstein(MW)	20	87	61	.701
Nikki Pearson(CL)	17	57	39	.684
Tamarra Shorter(AR)	19	82	54	.659

Rebounds-Min. 7 / game

Player Name	G	Rebounds	Reb/Game
Tamarra Shorter(AR)	19	220	11.6
Katey Granstra(MW)	20	194	9.7
Rebekah Aase(RL)	19	184	9.7
Aly Meyer(RO)	19	170	8.9
Kendra Stokes(FF)	20	167	8.4

Steals-Min. 2 / game

Player Name	G	Steals	Stls/Game
Tamarra Shorter(AR)	19	92	4.8
Cortney Kasten(RO)	19	52	2.7
Kendra Stokes(FF)	20	53	2.7
Alicia Koenen(RW)	17	43	2.5
Nikki Pearson(CL)	17	42	2.5
Capreice Ogris(AR)	19	45	2.4
Lindsey Roos(CL)	17	39	2.3
Maria Loughlin(AR)	18	41	2.3
Brittany Hulstein(MW)	20	43	2.2

Assists-Min. 3 / game

Player Name	G	Assists	Asst/Game
Jordyn Campbell(FF)	18	74	4.1
Nikki Pearson(CL)	17	57	3.4
Katie Hadler(MW)	20	66	3.3
Taylor Brue(FF)	20	62	3.1
Lynsey Runke(RW)	17	51	3.0