



BRING WEIGHT WATCHERS® TO WORK

With Weight Watchers At Work meetings* you'll get everything you need to lose weight and keep it off.

Get advantages you won't get anywhere else:

- Enjoy the ease and convenience of meetings right in your workplace
- Receive motivation from your co-workers every day of the week.



Sign up for a **FREE INFORMATION AND REGISTRATION** meeting now!

Weight Watchers At Work Meetings Could be Held Here!

Weight Watchers Information Session

Tuesday, January 24

12 – 1 p.m.

Mississippi Room

Contact: Joyce / 433-1243

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* Available only in participating areas. Minimum enrollment required.